



PSYCHOLOGY

## Motivational Interviewing in Groups

"Wagner and Ingersoll do a masterful job of showing how to integrate the spirit, strategies, and concepts of MI into group work...The book is filled with practical suggestions, scientific studies, and the rich experiences of pioneering practitioners...Should be required reading for anyone considering doing MI in groups."  
—Carlo C. DiClemente, PhD, ABPP,  
Presidential Research Professor of Psychology, University of Maryland–Baltimore County

"Wagner and Ingersoll succeed in answering a question that practitioners of all stripes have been asking for 20 years: 'How do we do MI in groups?' Bringing to bear their talents as researchers, practitioners, and trainers, the authors have woven a tapestry of art and science. This is a soup-to-nuts guide on how to start and run different types of MI groups, including a trove of advice from the contributing authors about applications for specific populations."  
—David B. Rosengren, PhD,  
Prevention Research Institute, Lexington, Kentucky; member, MINT

"This important book breaks new ground by comprehensively extending MI to group psychotherapy. It is particularly strong in its detailed suggestions about how to conduct MI groups...Experienced and novice group therapists and MI practitioners can learn a great deal from this book."  
—Hal Arkowitz, PhD, Department of Psychology, University of Arizona; member, MINT

"MI is about the therapist's attempts to mirror the client's own goals and desires, so that self-initiated change can begin. This book introduces a new kind of social mirroring for MI: the group setting... [It] provides much practical information about how to focus and shape the group discourse for maximum utility."  
—Kennon M. Sheldon, PhD,  
Department of Psychological Sciences, University of Missouri

"Wagner and Ingersoll are to be commended for providing this engaging, relevant, and comprehensive book...As a trainer of group therapy, I was particularly impressed with the depth of group practice facilitation skills communicated; this is rare to find."  
—Rebecca R. MacNair-Semands, PhD,  
Senior Associate Director, Counseling Center, University of North Carolina at Charlotte

THE AUTHORITATIVE PRESENTATION OF MI—FULLY REVISED

*Motivational Interviewing, Third Edition*  
*Helping People Change*

William R. Miller and Stephen Rollnick

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### Samenvatting

Motivational Interviewing in Groups is een boek van Christopher C. Wagner en Karen S. Ingersoll  
ISBN 9781462507924

A unique clinical resource, this book shows how to infuse the methods and spirit of motivational interviewing (MI) into group-based interventions. The authors demonstrate how the four processes of MI with individuals translate into group contexts. They explain both the challenges and the unique benefits of MI groups, guiding practitioners to build the skills they need to lead psychoeducational, psychotherapeutic, and support groups successfully. A wealth of clinical examples are featured. Chapters by contributing authors present innovative group applications targeting specific problems: substance use disorders, dual diagnosis, chronic health conditions, weight management, adolescent risk behaviors, intimate partner violence, and sexual offending. This book is in the Applications of Motivational Interviewing series, edited by Stephen Rollnick, William R. Miller, and Theresa B. Moyers.